

Position	Runner No	Initials	Surname	Category	Minutes	Seconds	Club
1	323	M	SHONE	M	45	55	-
2	558	O	EDWARDS	M	46	13	Shaftsbury Barnet Harriers
3	292	N	RACKHAM	MV	48	35	Metros
4	587	MP	BENNETT	M	49	43	Chiltern Harriers
5	426	M	WOODMAN	MV	49	57	Road Runners Club
6	1	P	Stainer	MV	50	29	Shaftsbury Barnet Harriers
7	588	SC	Buckle	M	51	46	St Albans Striders
8	437	M	ENNION	M	51	55	St Albans Striders
9	476	B	GREENE	M	52	50	Queens Park Harriers
10	168	SE	Kirby	MV	53	22	Chiltern Harriers
11	144	J	MORTON	MV	54	6	Chiltern Harriers
12	4	D	DIGWEED	M	54	27	St Albans Striders
13	55	VR	Ellerby	MV	54	35	Gade Valley Harriers
14	356	P	DEERING	MV	54	46	-
15	608	D	Hartwell	SMV	54	53	Oxford City AC
16	442	A	James	MV	55	24	St Albans Striders
17	187	GW	Woollett	M	55	32	Gade Valley Harriers
18	613	G	West	M	55	43	St Albans Striders
19	404	D	Brown	MV	56	7	-
20	344	GRD	Lambert	MV	56	11	-
21	465	B	Hawes	MV	56	20	Gade Valley Harriers
22	37	JS	Gundry	M	56	34	-
23	420	MP	Turney	MV	56	26	Chiltern Harriers
24	381	M	Lagnado	MV	56	28	-
25	555	R	Harry	M	56	58	St Albans Striders
26	318	M	North	MV	57	2	-
27	547	A	Honour	MV	57	22	Chiltern Sparrows
28	185	MW	Brown	MV	57	28	-
29	422	S	STAINES	F	57	28	-
30	217	PJ	McDougall	MV	57	45	-
31	540	J	JOHNSON	M	57	57	Royal Air Force AC
32	148	M	Edwards	MV	58	35	Watford Joggers
33	482	R	SLATER	M	58	38	Thame Runners
34	5	LJ	Hadler	F	59	5	-
35	479	P	Illing	MV	59	15	Watford Harriers
36	488	JH	Buttleman	MV	59	15	Leighton Fun Runners
37	386	S	Reynolds	FV	59	28	Chiltern Harriers Ladies
38	180	T	CORY	MV	59	36	-
39	190	DJ	Mallison	M	59	38	Ranelagh
40	460	NM	Brew	MV	59	38	Sean Brew All-Stars
41	281	C	Merritt	MV	59	55	-
42	375	C	Bunner	MV	59	58	-
43	298	C	O'NEILL	FV	60	0	HILLINGDON TRIATHLETES LADIES
44	478	P	GUNN	MV	60	20	-
45	511	RK	Ellerby	SMV	60	23	Chiltern Harriers
46	2	J	PEERLESS	SMV	60	25	-
47	196	M	ARNOLD	MV	60	34	Dacorum & Tring AC
48	379	K	LUXON	MV	60	37	Veolia Water UK Plc
49	283	C	DENZER	M	60	39	-
50	325	M	HOLLIS	SMV	60	42	Handy Cross Runners
51	504	AW	Simm	SMV	60	45	-
52	142	TA	Faulkner	F	61	1	-
53	165	MJ	Studdart	M	61	10	Watford Joggers
54	550	AF	Roberts	MV	61	29	Vale of Aylesbury
55	548	S	ROUSE	M	61	34	-
56	6	LH	Butt	F	61	36	Chiltern Harriers Ladies
57	216	SE	Stuart	M	61	37	Burnham Joggers
58	67	N	Grace	M	61	39	-
59	571	J	WHEELER	M	61	41	London Front Runners
60	312	A	HORSLEY	M	61	46	Thanet Road Runners
61	30	T	MILLS	M	61	49	-
62	111	H	JOHAL	FV	61	55	-
63	533	RLS	Dighe	M	62	0	St Albans Striders
64	531	DG	Adams	SMV	62	6	Ware Joggers
65	578	AC	Webb	M	62	8	Body Coach Gym
66	472	D	HOULIHAN-BURNE	M	62	21	HILLINGDON TRIATHLETES
67	287	JP	Smith	MV	62	32	Chiltern Sparrows
68	299	J	Levison	M	62	39	-
69	412	SF	Paull	SMV	62	46	Metros
70	263	D	Baudry	SMV	62	51	Garden City Runners
71	235	SF	Hathaway	MV	62	51	-
72	133	J	TARDI	M	62	51	-

Position	Runner No	Initials	Surname	Category	Minutes	Seconds	Club
73	352	W	McCarthy	MV	62	54	-
74	542	M	BARNES	M	62	54	-
75	186	N	Keeler	MV	62	54	-
76	614	P	Bolitho-Jones	SMV	62	54	-
77	596	MA	BIRCHLEY	M	63	4	SLH
78	215	M	DRUMMOND	M	63	9	-
79	137	S	Goldsack	FV	63	25	Ruperts Runners Ladies
80	409	M	Chart	SMV	63	30	-
81	566	NG	Grassick	MV	63	32	-
82	225	J	PERRINS	MV	63	35	-
83	343	TJ	Williams	MV	63	38	Watford Joggers
84	28	N	Gibbins	M	63	41	LARKFIELD AC
85	136	D	Perry	MV	63	44	-
86	118	PD	Smithson	MV	63	47	-
87	260	KMH	James	F	63	55	SpringHealth Leisure Club Ladies
88	487	SA	Clarke	M	63	56	Chiltern Harriers
89	583	DC	Maxwell	M	64	1	-
90	139	MJ	Grimsdale	SMV	64	4	Watford Harriers
91	154	JJ	Wright	M	64	4	-
92	390	S	DHAWAN	M	64	4	Ruperts Runners
93	242	D	VIZARD	MV	64	5	Hillingdon AC
94	405	JJ	Prestridge	MV	64	10	Serpentine RC
95	288	CF	Hollamby	MV	64	12	-
96	559	D	WILLIAMS	M	64	13	-
97	537	H	ST. JOHN	SMV	64	14	-
98	591	CB	Leahy	FV	64	21	TRI London Ladies
99	590	SR	Field	SMV	64	29	Chiltern Harriers
100	427	B	Watson	MV	64	37	St Albans Striders
101	183	RM	Slade	M	64	38	-
102	184	J	GARRAD-COLE	M	64	41	-
103	581	S	PERKIN	MV	64	42	Chiltern Harriers
104	604	NRJ	Deller	F	64	45	-
105	32	CJ	West	MV	64	47	-
106	66	KEH	Loach	SFV	64	47	Chiltern Harriers Ladies
107	38	RM	Allibone	MV	64	50	-
108	521	M	LAVERICK	M	64	58	-
109	351	P	EMERY	MV	65	4	Watford Joggers
110	9	G	Morgan	SFV	65	9	Ealing Southall Middx AC Ladies
111	336	C	WHITTAKER	SFV	65	10	-
112	8	RA	Wallace	SMV+	65	11	Watford Joggers
113	162	J	Drew	F	65	12	Watford Joggers Ladies
114	414	DR	Holmes	M	65	13	Chiltern Harriers
115	150	MJS	Lane	SMV	65	19	-
116	570	C	PROLE	M	65	23	Xerox xtreme
117	167	JE	MILDRED	M	65	23	-
118	397	J	HARWOOD	MV	65	25	-
119	526	A	LOVELOCK	SFV	65	27	Eton Tri -Club ladies
120	389	A	RENDELL	M	65	27	-
121	47	R	COLLINS	MV	65	30	-
122	507	D	HARRIS	M	65	36	-
123	291	PB	Mace	MV	65	37	-
124	245	JB	Sharp	MV	65	49	-
125	584	MW	Tibbles	M	65	56	-
126	541	J	JOHNSON	F	65	58	Royal Air Force AC Ladies
127	396	D	BANSZKY	MV	66	7	-
128	569	J	BEEDELE	MV	66	9	-
129	610	GAE	Imrie	M	66	15	Sudbury Court RC
130	332	P	Lofty	MV	66	16	Chiltern Sparrows
131	407	RJ	Collins	SMV	66	21	Mornington Chasers
132	609	A	McCormack	MV	66	24	Highgate Harriers
133	241	C	Young	M	66	24	-
134	243	M	SMITH	M	66	25	-
135	469	S	Daniel	MV	66	28	Watford Harriers
136	20	S	IVES	M	66	33	-
137	223	M	Trueman	FV	66	36	-
138	474	PD	Smith	SMV	66	38	St Albans Striders
139	274	RA	Crease	SMV	66	40	Three Valleys Water
140	320	A	FISH	M	66	42	-
141	85	T	NOWAK	M	66	43	-
142	228	PM	Rowe	MV	66	45	-
143	577	G	PAGE	M	66	54	Chiltern Harriers
144	411	T	Renphrey	MV	66	55	-

Position	Runner No	Initials	Surname	Category	Minutes	Seconds	Club
145	599	A	Sharp	M	66	56	-
146	324	P	YORK	MV	67	3	-
147	276	D	Percival	M	67	4	Gade Valley Harriers
148	203	T	LY	M	67	11	-
149	561	D	BLANCHARD	MV	67	13	Watford Joggers
150	78	M	JONES	MV	67	13	-
151	392	A	REYNOLDS	M	67	21	-
152	568	P	WARREN	SMV+	67	48	Ranelagh
153	308	L	BOWIE	M	67	51	-
154	79	MA	Garrett	SMV	67	53	Sudbury Court RC
155	462	J	Warne	MV	67	58	-
156	385	G	SPILLER	MV	68	7	Three Valleys Water
157	174	IL	Theakstone	MV	68	8	Dagenham 88 Runners
158	331	L	Strain	MV	68	9	-
159	257	R	LEVY	SMV	58	12	SpringHealth Leisure Club
160	179	S	BAKER	M	68	15	-
161	429	J	CALDERBANK	F	68	16	-
162	433	E	HAYNES	FV	68	24	Handycross Runners Ladies
163	450	S	PALMER	M	68	24	-
164	293	J	Johnstone	MV	68	24	-
165	110	R	Smith	SMV	68	33	Queens Park Harriers
166	238	C	Bonnick	SFV	68	34	Watford Joggers Ladies
167	456	KS	Jaswal	MV	68	37	-
168	494	D	Ringshaw	M	68	37	-
169	538	S	HOPPER	F	64	38	Hillingdon AC Ladies
170	532	D	HOGG	M	68	38	-
171	117	J	CONN	FV	68	40	Serpentine RC Ladies
172	204	P	Reynolds	SMV	68	43	Metros
173	74	S	Gemmell	M	68	46	-
174	470	MJ	Storrie	MV	69	1	Gade Valley Harriers
175	436	T	MCAHON	M	69	2	-
176	574	B	WHITE	M	69	3	-
177	120	W	Ayres	M	69	6	-
178	530	A	NORTON	M	69	17	-
179	551	M	KINCH	MV	69	24	Bearbrook Joggers
180	164	JC	Lees	MV	69	26	-
181	233	A	MULLISS	SMV	69	41	Heaton Harriers AC
182	428	S	BLAKE	M	69	43	-
183	595	P	Theobald	M	69	51	Chiltern Harriers
184	35	B	CLARK	M	69	51	-
185	520	IMB	HARRIS	MV	69	53	-
186	221	G	BLOUNT	MV	69	54	-
187	Unknown		Unknown				
188	525	J	GORTON	SMV	69	57	Metros
189	115	D	Pratt	SMV+	69	59	Metros
190	401	S	KIRBY	FV	70	7	-
191	448	G	DEVLIN	M	70	12	-
192	602	RI	Moss	M	70	15	-
193	122	M	MAYFIELD	M	70	19	-
194	475	J	Mueller	FV	70	24	Serpentine RC Ladies
195	514	C	MURRAY	F	70	25	Metros Ladies
196	262	J	CURTIS	M	70	39	-
197	296	B	GIBBS	FV	70	48	-
198	489	RL	Murray	SMV+	70	49	St Albans Striders
199	513	DR	BROWN	SMV	70	53	Metros
200	149	G	PORTER	SFV+	70	56	Metros Ladies
201	273	PD	Brown	MV	71	8	BBC Running Club
202	612	D	Wilson	M	71	15	-
203	471	CC	Hancock	MV	71	16	-
204	535	J	GREENSMITH	SMV	71	20	-
205	447	CD	Taylor	MV	71	20	-
206	135	ER	Foulkes	M	71	23	-
207	335	E	Prendergast	MV	71	23	-
208	376	J	Peel	SFV	71	24	Chiltern Harriers Ladies
209	579	I	Brixey	SMV	71	25	Sudbury Court RC
210	65	M	KATES	M	71	34	-
211	48	PE	Fischer	SFV	71	40	Hillingdon AC Ladies
212	239	I	Bonnick	SMV	71	45	Watford Joggers
213	200	P	CREW	M	71	46	-
214	560	D	NICHOLS	M	71	48	-
215	294	LC	Hoaran	SFV	71	55	-
216	485	MJM	Dolan	M	71	57	-

Position	Runner No	Initials	Surname	Category	Minutes	Seconds	Club
217	617	RA	Bienfait	MV	71	59	Three Valleys Water
218	61	CJ	TRIGG	SMV	72	14	-
219	480	R	Marks	MV	72	17	-
220	439	B	BONTHRON	MV	72	19	Three Valleys Water
221	603	M	Williams	MV	72	20	-
222	94	A	THOMPSON	M	72	21	-
223	270	A	HATCH	M	72	23	-
224	483	D	MACKENZIE	MV	72	25	Metropolitan Police AC
225	44	RJ	Edwards	SMV	72	27	Chiltern Harriers
226	226	M	Biddle	M	72	30	-
227	563	S	PEERS	F	72	30	-
228	564	D	SHORT	M	72	30	-
229	382	P	HARWOOD	M	72	30	-
230	181	A	CORY	SFV	72	33	Watford Running Sisters ladies
231	536	G	LAMBRICK	SMV	72	34	David Lloyd Pacers
232	220	JP	ROMAYA	MV	72	36	-
233	155	BR	Feldman	SMV+	72	36	Hillingdon AC
234	14	M	THOMPSON	FV	72	36	-
235	444	J	STRATFORD	SMV	72	36	-
236	289	M	DRUMMOND	M	72	40	-
237	208	R	Bentley	MV	72	44	-
238	304	M	Booker	M	72	53	Three Valleys Water
239	435	A	GAMMELL	M	72	56	-
240	51	TR	Beeston	MV	72	57	-
241	59	GI	Howard	M	72	58	Three Valleys Water
242	87	ALL	How	F	73	2	Mornington Chasers Ladies
243	160	A	ROY	MV	73	4	-
244	71	NA	Claydon	FV	73	8	Watford Joggers Ladies
245	605	J	Calfe	M	73	11	-
246	266	P	Sibley	SMV	73	13	-
247	286	M	Hemsley	MV	73	17	-
248	403	PA	Brooks	MV	73	18	LUTON A.C.
249	209	PR	Wood	MV	73	24	-
250	586	J	West	M	73	27	-
251	518	J	Dodd	SMV	73	27	-
252	357	SJF	Wright	M	73	27	-
253	387	MG	Thompson	SMV	73	29	-
254	156	D	Pepper	FV	73	29	David Lloyd Pacers Ladies
255	347	J	CONLON	MV	73	38	-
256	500	S	RUDELL	MV	73	45	-
257	112	L	HILL	F	73	47	-
258	349	L	COOK	F	73	57	-
259	425	AJ	MacDonald	M	74	1	Three Valleys Water
260	607	M	Levie	M	74	2	-
261	326	G	NYE	M	74	6	-
262	114	SJ	Wood	FV	74	9	Metros Ladies
263	464	T	HOLDEN	MV	74	18	SpringHealth Leisure Club
264	53	MJA	Jervis	MV	74	19	-
265	572	SP	Brady	MV	74	26	-
266	134	G	GILES	M	74	30	-
267	345	A	WALSER	M	74	32	-
268	606	J	Little	M	74	34	-
269	534	T	COLLIGAN	SMV	74	36	Gade Valley Harriers
270	198	P	Christie	M	74	40	-
271	508	D	PARSONS	MV	74	44	-
272	36	K	BIRD	SMV	74	49	-
273	616	T	Quarry	M	74	52	-
274	467	DC	Leyshon	MV	74	56	-
275	322	C	SIMMONDS	M	74	59	-
276	455	M	COURTNEY	MV	74	59	-
277	Unknown		Unknown				
278	400	A	FORTGANG	M	75	4	-
279	153	C	Huckle	M	75	8	Three Valleys Water
280	202	WN	Warren	SMV	75	10	Road Runners Club
281	300	M	WEBB	MV	75	10	-
282	418	P	Cook	FV	75	17	Gade Valley Harriers Ladies
283	313	J	PROSER	MV	75	22	-
284	282	D	BAMFORTH	SMV	75	32	Metros
285	377	E	KNOWLES	SFV	75	38	Elizabeth Knowles Ladies
286	166	J	MILDRED	F	75	38	Wootton Road Runners Ladies
287	573	J	WHITE	MV	75	38	-
288	421	P	Mosley	SMV	75	38	Gade Valley Harriers

Position	Runner No	Initials	Surname	Category	Minutes	Seconds	Club
289	348	T	Smith	MV	75	38	-
290	280	D	Cutting	FV	75	38	-
291	10	PE	Lygo	SFV+	75	38	Barnet & District Ladies
292	330	S	FORD	F	75	38	-
293	178	D	Garland	MV	75	38	Deandales
294	615	PS	Sheene	M	75	46	-
295	496	ME	Fowler	MV	75	46	-
296	108	S	ZAC-VARGHESE	F	75	48	-
297	410	R	Whiting	SMV	75	50	Herts Phoenix AC
298	423	PR	Edwards	MV	75	59	Watford Joggers
299	565	S	DUNK	SMV	76	0	-
300	580	NJ	Castle	M	76	5	-
301	528	M	KING	SMV	76	7	-
302	443	D	SWAN	MV	76	7	Metros
303	543	S	Davidson	F	76	8	Vegan Runners Ladies
304	495	B	HARVEY	SFV+	76	11	Barnet & District Ladies
305	358	O	Kenneally	F	76	32	-
306	366	N	GRAY	M	76	36	-
307	227	J	O'Dwyer	MV	77	3	-
308	72	M	Arietti	SMV	77	5	-
309	499	K	BREWSTER	F	77	7	-
310	553	S	PILAT	FV	77	11	-
311	502	K	PATIENCE	MV	77	21	-
312	505	N	ECONOMU	F	77	28	Watford Harriers Ladies
313	170	JL	West	FV	77	28	-
314	481	M	CINELLI	M	77	28	-
315	107	A	Redhead	F	77	31	Ricki Running Sisters Ladies
316	254	T	STAGG	M	77	48	-
317	138	JA	Morgan	FV	77	57	Watford Joggers Ladies
318	172	D A	Levett	SMV	77	57	-
319	213	M	Johnson	M	77	57	-
320	539	M	Read	SMV	77	59	-
321	359	P	Hubble	M	78	3	-
322	123	PK	Reilly	SMV	78	3	-
323	91	D	KYNASTON	SFV	78	8	Bearbrook Joggers Ladies
324	3	A	CRAIG	SFV	78	15	-
325	329	S	McDowell	FV	78	24	-
326	597	NE	Rhodes	F	78	25	Metros Ladies
327	417	JW	Ellis	MV	78	29	Three Valleys Water
328	498	P	WHITEHEAD	SMV	78	34	-
329	319	J	BARNES	F	78	34	-
330	307	M	HUME	F	78	36	-
331	552	S	MCWHIRTER	M	78	38	Three Valleys Water
332	554	S	DAVY	MV	78	43	-
333	328	JR	McDowell	MV	78	49	-
334	463	R	HAWKES	FV	78	52	-
335	Unknown		Unknown				
336	218	S	McDougall	FV	78	54	-
337	Unknown		Unknown				
338	557	C	WEAVER	F	79	13	-
339	380	W	Lawrence	M	79	14	-
340	63	MH	Unerman	MV	79	22	-
341	302	SL	Sampson	M	79	22	-
342	556	A	BILTON	M	79	24	-
343	395	R	WARDLEY	MV	79	29	Watford Harriers
344	333	P	Latter	M	79	30	-
345	374	S	RANDS	MV	79	38	-
346	362	NJ	Prior	MV	79	42	-
347	592	AC	Doherty	SMV	79	44	Burnham Joggers
348	446	T	Williams	SMV	79	47	Water Industry general
349	211	S	Johnson	MV	79	49	Three Valleys Water
350	451	MC	McDowell	M	79	53	-
351	545	P	Carter	MV	79	59	St Albans Striders
352	90	DJ	Dawson	SMV+	80	25	Bearbrook Joggers
353	285	AA	Glickman	SMV+	80	27	-
354	453	P	Ferrar	SFV+	80	30	Ricki Running Sisters Ladies
355	506	J	TAYLOR	FV	80	36	-
356	193	P	Wright	M	80	39	Paul Wright
357	116	M	STEED	SFV+	80	40	GARDEN CITY RUNNERS LADIES
358	402	A	WHEELHOUSE	SFV	80	43	-
359	219	CA	Romaya	SFV	80	45	-
360	29	J	SWEENEY	FV	80	50	Ricki Running Sisters Ladies

Position	Runner No	Initials	Surname	Category	Minutes	Seconds	Club
361	125	AC	Dean	M	80	54	-
362	195	BA	Brown	FV	80	57	-
363	445	D	CHANDLER	MV	81	19	-
364	341	S	Mogan	FV	81	24	Gade Valley Harriers Ladies
365	334	M	FORSDIKE	M	81	27	Gade Valley Harriers
366	175	S	LEES	F	81	27	Bearbrook Joggers Ladies
367	13	B	PACKWOOD	FV	81	34	-
368	585	DC	Grewcock	M	81	36	-
369	46	NP	HIGGS	MV	81	39	Watford Joggers
370	369	CJ	Stagg	SMV+	81	53	Sudbury Court RC
371	549	G	McLELLAN	M	81	57	-
372	493	M	Moore	SMV	81	58	-
373	231	C	Skinner	SFV	81	59	Chiltern Harriers Ladies
374	50	NA	Ross	MV	82	0	-
375	509	S	TUCKER	F	82	3	Gade Valley Harriers Ladies
376	236	S	AUSTIN	F	82	6	-
377	124	S	Defoe	SFV	82	7	Watford Joggers Ladies
378	89	D	KAYE	M	82	8	-
379	582	I	MILES	M	82	15	-
380	146	LM	LEONARD	FV	82	18	-
381	15	J	PACKWOOD	MV	82	23	-
382	295	C	SCREECHE-POWELL	FV	82	26	-
383	206	D	Childerhouse	M	82	26	-
384	457	S	DOVE	FV	82	27	-
385	449	A	Wiseman	MV	82	31	Three Valleys Water
386	128	A	POWELL	M	82	34	-
387	309	RT	Davidson	SMV+	82	37	-
388	315	J	HAMMOND	M	82	44	St Albans Striders
389	529	S	FAIRALL	FV	82	51	-
390	113	K	HENDERSON	F	83	0	GARDEN CITY RUNNERS LADIES
391	454	J	COURTNEY	SFV	83	5	Ricki Running Sisters Ladies
392	27	I	Walker	SMV	83	5	-
393	491	S	SMITH	M	83	5	-
394	589	E	Conway	F	83	15	-
395	391	H	TERRY	F	83	17	Gade Valley Harriers Ladies
396	424	C	PIGGOTT	M	83	19	-
397	316	T	BROWNE	SMV	83	34	Ware Joggers
398	497	F	FLINT	FV	83	50	-
399	486	M	DOLAN	M	83	50	-
400	80	P	Torre	SMV+	84	0	Shaftsbury Barnet Harriers
401	378	D	CARROLL	MV	84	4	-
402	143	FC	LEARNER	F	84	11	-
403	441	J	MILTON	FV	84	24	Watford Joggers Ladies
404	75	CM	Smith	SFV	84	32	-
405	314	E	BOTT	F	84	35	-
406	290	R	KUMAR	MV	84	41	Chiltern Sparrows
407	321	C	MARTIN	MV	84	41	Chiltern Sparrows
408	438	LMB	Dolan	FV	84	43	-
409	408	M	SEAR	M	84	58	-
410	368	L	DERHAM	F	85	11	-
411	370	K	DERHAM	M	85	11	-
412	305	V	LEE	F	85	16	-
413	40	J	James	FV	85	24	Ricki Running Sisters Ladies
414	271	P	RUDD	SMV	85	29	-
415	406	P	MORTON	MV	85	32	-
416	182	R	Zahra	SMV	85	39	-
417	147	A	EDWARDS	SFV	86	16	Watford Joggers Ladies
418	484	R	TAYLOR	M	86	17	-
419	327	P	TUCKER	SMV	86	19	Gade Valley Harriers
420	106	H	LANFEAR	F	86	22	-
421	33	R	MATTHEWS	M	86	23	-
422	177	K	KEELER	FV	86	27	-
423	301	C	Mansfield	FV	86	31	-
424	601	TL	Donohoe	FV	86	37	-
425	398	D	Taylor	FV	86	55	-
426	252	S	COVENEY	SFV	87	9	GARDEN CITY RUNNERS LADIES
427	594	B	O'Malley	FV	87	24	Ricki Running Sisters Ladies
428	279	R	CARROLL	MV	87	24	-
429	244	GA	Coates	SMV+	87	27	-
430	388	R	DHAWAN	FV	87	48	Ruperts Runners Ladies
431	515	K	Scruton	SFV+	87	51	Ricki Running Sisters Ladies
432	337	J	CLEMENTS	M	87	53	-

Position	Runner No	Initials	Surname	Category	Minutes	Seconds	Club
433	268	MJ	Withers	SFV	88	1	Ricki Running Sisters Ladies
434	131	H	Moloney	FV	88	16	-
435	103	S	Crawley	F	88	22	-
436	611	NK	Knight	FV	88	33	-
437	516	M	POPE	FV	88	33	-
438	546	M	MCLELLAN	F	88	33	-
439	527	M	FLYNN	FV	88	39	-
440	523	J	SHERER	M	88	40	-
441	473	W	BRAID	SFV+	88	47	Watford Joggers Ladies
442	353	M	Todd	SMV+	89	12	Dunstable Running Club
443	173	I	FARMER	F	89	27	-
444	11	D	Flynn Flynn	F	89	46	Ricki Running Sisters Ladies
445	62	J	SAPSFORD	FV	89	54	-
446	255	K	MCMILLAN	F	89	59	-
447	34	H	MARSHALL-ANDREW	M	90	3	-
448	593	B	Engel	SMV+	90	12	Burnham Joggers
449	297	G	SCREECHE-POWELL	F	90	24	-
450	41	S	CHANELL	F	90	24	Ricki Running Sisters Ladies
451	522	S	HOWARD	FV	90	24	-
452	354	P	TREACHER	M	90	40	Three Valleys Water
453	151	L	CRABTREE	F	90	40	Three Valleys Water Ladies
454	194	S	GOODALL	FV	90	42	Ricki Running Sisters Ladies
455	284	CA	Girvan	SFV+	90	42	-
456	261	S	WHITING	F	92	13	-
457	25	P	GRAY	MV	92	15	-
458	130	Z	SHARP	F	92	15	-
459	45	C	HIGGS	SFV	92	31	Watford Joggers Ladies
460	373	H	RANDS	FV	93	11	Chiltern Harriers Ladies
461	24	C	LEWIS	SFV	93	38	Marlow Striders Ladies
462	82	C	Leadbetter	SFV	93	41	Ricki Running Sisters Ladies
463	393	A	PERRY	MV	93	53	-
464	158	F	MCEWAN	FV	93	57	-
465	159	P	BLACK	M	93	57	-
466	157	J	BLACK	FV	93	57	-
467	214	A	NORTH	FV	94	4	-
468	360	CR	Broom	M	94	11	-
469	458	S	HUMBLE	SFV	94	15	-
470	459	T	MCHUGH	MV	94	15	-
471	77	J	Sloper	FV	94	27	-
472	237	H	BALDWIN	FV	94	52	-
473	517	D	Connor	F	95	0	-
474	575	P	SOUTHALL	MV	95	4	-
475	58	J	Everett	FV	95	20	Ricki Running Sisters Ladies
476	121	V	AYRES	FV	95	33	-
477	468	F	AMARA	FV	95	39	-
478	232	S	COLTMAN	FV	96	14	Watford Joggers Ladies
479	88	J	CASTLE	F	96	30	-
480	43	L	OBORNE	SFV	97	1	Ricki Running Sisters Ladies
481	191	MA	Symonds	SMV	98	34	British Airways Running Club
482	364	H	Atmani	MV	98	58	Microlease
483	256	M	BLUER	SFV	100	21	-
484	97	S	BAZELY	FV	100	50	-
485	306	J	LEE	F	100	50	-
486	544	D	MOLONEY	FV	101	59	Ricki Running Sisters Ladies
487	576	B	WARRIK	MV	103	8	-
488	310	R	NOSWORTHY	MV	104	14	Three Valleys Water
489	440	S	DOLAN	SMV+	105	56	-
490	222	J	PETERS	M	106	52	-
491	492	J	NEWBERRY	M	106	53	-
492	562	J	BRIFFETT	SFV	112	26	-
493	598	E	Harrington	FV	114	27	-
494	600	TL	Hughes	FV	114	27	-